

Spinach & Artichoke Dip

1 can (14 oz) artichoke hearts,
drained, finely chopped
1 pkg (10 oz) frozen chopped spinach,
thawed, drained
¾ cup grated Parmesan cheese
¾ cup mayonnaise
½ cup shredded mozzarella cheese
½ tsp garlic powder

Preheat oven to 350°F. Mix all ingredients; spoon into 9" quiche dish or pie plate. Bake 20 min. or until heated through. Serve with bread or crackers.

Baked Dip Delight

2½ oz jar chipped beef, chopped fine
2 T minced onion
8 oz cream cheese
8 oz sour cream

Preheat oven to 250°F. Mix all ingredients well, pour into glass pan. Bake 20 mins.. Cool and serve.

Devil of a Dip

1-4.25 oz can Underwood deviled ham
1-8 oz pkg. cream cheese, softened
Dash of lemon juice

Mix all ingredients with electric mixer until smooth. Refrigerate, then serve.

Mexicali Dip

Cook ground beef seasoned with ground cumin til brown; drain off fat. Stir in enough salsa to moisten, add sliced ripe black olives and chopped cilantro. Top with sour cream or shredded cheese. Serve with tortilla chips.

Blue Cheese Terrine

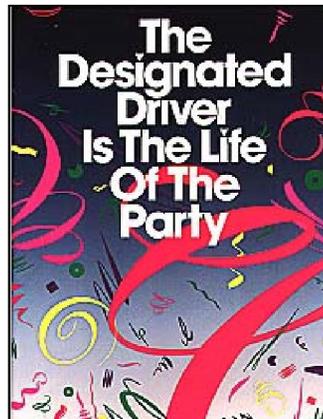
¾ cup chopped toasted walnuts
3 T finely chopped peeled apple
½ lb. soft blue cheese, crumbled
¼ cup sour cream

Mix together well; pack into plastic wrap lined bowl or mold. Chill 8 hours. Serve with focaccia, crackers, veggies.

Research shows that driving skills are affected **even at low blood alcohol levels.**

These levels are determined by:

- ◆ How much you drink
- ◆ How fast you drink
- ◆ Temperature of drink (warmer, quicker)
- ◆ Type of mixer used (carbonation)
- ◆ Amount of food eaten
- ◆ Age ◆ Weight ◆ Gender
- ◆ Other drugs/meds taken
- ◆ Other factors



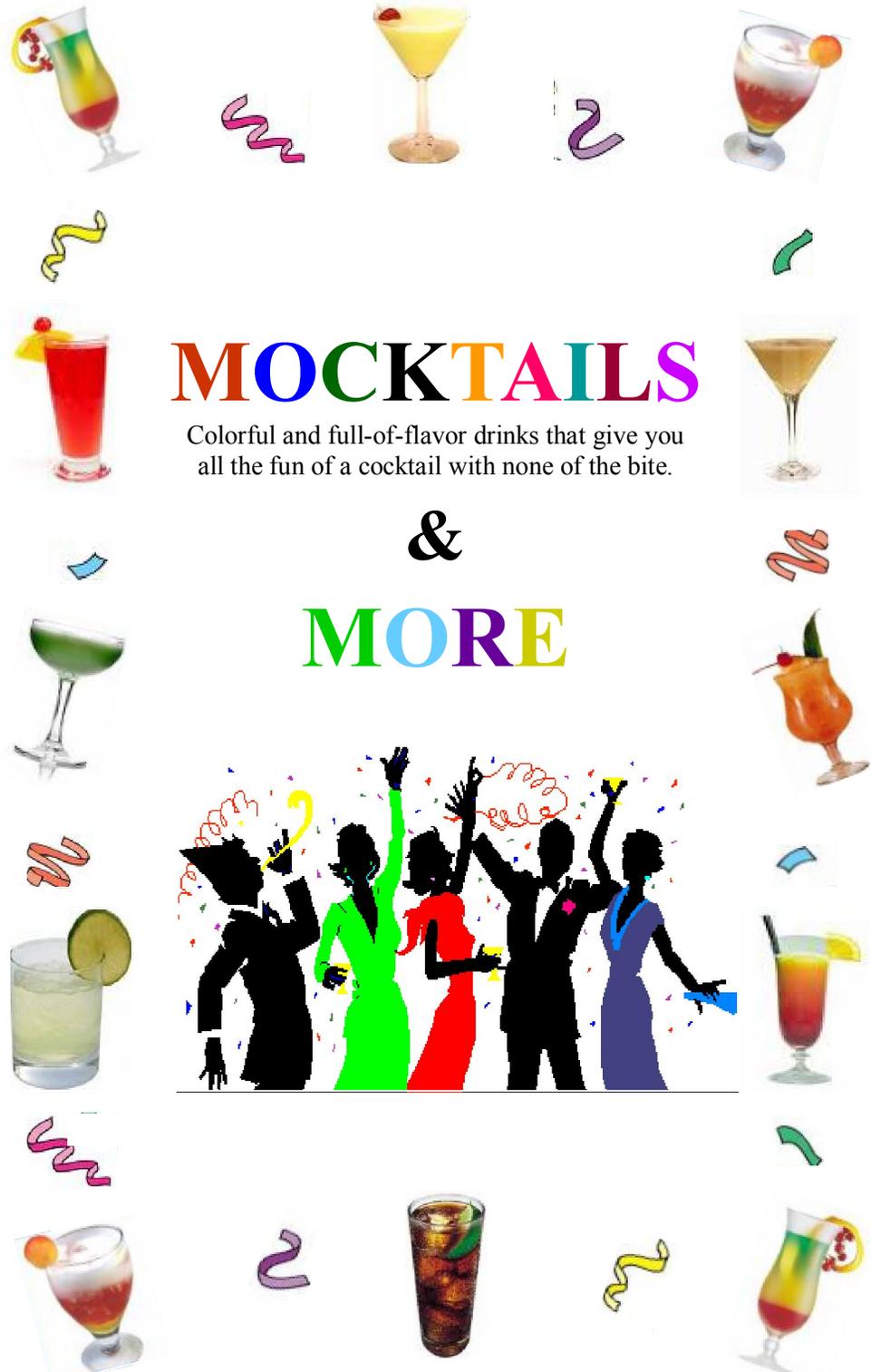
Impaired Driving Impact Panel of Island County / IDIPIC
P.O. Box 358, Oak Harbor, WA 98277



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Acapulco Gold

2 shots freshly pressed pineapple juice
1 shot freshly squeezed grapefruit juice
1 shot coconut milk
1 shot fresh cream

Shake all of the ingredients together with ice. Strain into a cocktail glass to serve.

Caribbean Cocktail

¼ fresh mango
¼ banana
Juice of half an orange
1 dash freshly squeezed lime juice

Blend ingredients together with cracked ice. Strain into a chilled cocktail glass to serve. Garnish with a slice of mango

Coco Cola

4 parts coconut milk
2 parts fresh lime juice
Cola
Lime wedge

Combine coconut milk and lime juice in a cocktail shaker and shake well. Pour over ice into a highball glass. Top up with cola and garnish with lime wedge.

Coconut Cooler

4 parts coconut milk
4 parts fresh lime juice
Sparkling water
Sprig of mint

Combine the coconut milk and lime juice in a cocktail shaker and shake well. Pour over ice cubes into a Collins glass. Top off with sparkling water and stir gently. Garnish with mint sprig.

Mocktini

3 shots tonic water
1 shot freshly squeezed lime juice
¼ shot freshly squeezed lemon juice

Stir all the ingredients with ice. Strain into a cocktail glass to serve.

Margie's Mimosa

Chilled sparkling white grape juice
Fresh orange juice

Fill half a champagne flute with orange juice. Pour grape juice to the rim and stir gently.

Pomegranate Julep

1 oz pomegranate juice
1½ oz grapefruit juice
½ oz freshly squeezed lime juice
½ oz honey syrup (mix two parts honey to one part hot water ; stir to dissolve, cool)
2 mint sprigs

Bruise 1 mint sprig in mixing glass with honey syrup. Add it to remaining ingredients and put into a shaker. Strain over ice into a chilled old fashioned glass and garnish with the remaining mint sprig.

Pina Colada Perfecto

3 shots fresh pineapple juice
1½ shots coconut milk

Place all of the ingredients, along with ice, in a cocktail shaker and shake. Strain into a cocktail glass to serve.

Shrinking Violet

3 shots red grape juice
½ shot lime juice
chilled lemonade

Shake the grape and lime juice together with ice in a shaker. Strain into a cocktail glass and top up with chilled lemonade.

NOTE: 1 shot = 1½ oz

These recipes provided courtesy of
<http://www.squidoo.com/mocktail>

Apricot Appearer

24 oz apricot nectar
16 oz ginger ale
1½ T lemon juice
1½ T sugar

Shake all of the ingredients together. Serve over ice.

Citrus Collins

2 oz orange or grapefruit juice
1 oz lemon juice
1 oz simple syrup*
Club soda

Fill 10-12 oz glass with ice. Add ingredients, then fill with club soda. Garnish with ½ orange slice and cherry.

Designated Driver's Delight

2½ oz orange juice
1¼ oz pineapple juice
1¼ oz cranberry juice
2 scoops vanilla ice cream
3-4 strawberries

Mix in blender until smooth. Serve in a hurricane glass with an orange slice and strawberry.

The Enforcer

Fresh brewed coffee
Whipped cream
Chocolate sprinkles
Sugar cubes
Cinnamon

Pour coffee into a mug, stir in 2 sugar cubes and a dash of cinnamon. Top with whipped cream and sprinkles.

Ocean Wave

3 oz grape juice
3 oz grapefruit juice
1 oz passion fruit juice

Combine in shaker half-filled with ice.

Sunrise Over The Bay

2 oz orange juice
2 oz pineapple juice
½ oz cranberry juice
¼ oz grenadine
2 oz lemon/lime soda

Combine everything but soda in shaker half-filled with ice. Strain into glass and add soda.

Sweet Cherry Fizz

½ cup cherry juice from concentrate
½ cup ginger ale
Fresh cherries and other fruits as garnish

Mix ginger ale into the juice slowly in a blender, add ice if desired. Serve in tall glass with fruit kabob.

Virgin Mary

3 oz tomato juice
Tabasco sauce to taste
Celery salt to taste
Dash of Worcestershire sauce
Ground pepper
½ lemon juice

Mix all ingredients together; serve cold.

Unfuzzy Navel

3 oz peach nectar
3 oz orange juice
3 oz pineapple juice
1 tsp lemon juice
Dash of grenadine

Combine in shaker half-filled with ice.

***Simple Syrup:** bring 1 cup water to boil. Stir in 2 cups granulated sugar until dissolved. Allow to cool; store in refrigerator in well-sealed bottle.

These recipes provided courtesy of
Delaware Office of Highway Safety.